

Advocacy Resource Center

Advocating on behalf of physicians and patients at the state level

Issue brief: Reports of increases in opioidrelated overdose and other concerns during COVID pandemic

*Updated August 14, 2020

As the COVID-19 global pandemic continues, so does the nation's opioid epidemic. The AMA is greatly concerned by an increasing number of reports from national, state and local media suggesting increases in opioid-related mortality—particularly from illicitly manufactured fentanyl and fentanyl analogs. More than 40 states have reported increases in opioid-related mortality as well as ongoing concerns for those with a mental illness or substance use disorder in counties and other areas within the state. This also includes new reports about the need for evidence-based harm reduction services, including sterile needle and syringe services and naloxone.

The AMA is pleased that the <u>U.S. Substance Abuse and Mental Health Services Administration</u> and <u>U.S. Drug Enforcement Administration</u> (DEA) have provided increased flexibility for providing buprenorphine and methadone to patients with opioid use disorder. The AMA is further pleased at increased flexibility provided by the DEA to help patients with pain obtain necessary medications.

The AMA urges governors and state legislatures to take action

- Governors must adopt the new SAMHSA and DEA rules and guidance in-full for the duration of the national emergency—this includes <u>flexibility for evaluation and prescribing requirements</u> using telemedicine;
- States must enact as part of their own Emergency Orders and other actions a complete removal of prior authorization, step therapy and other administrative barriers for medications used to treat opioid use disorder;
- States must <u>remove existing barriers for patients with pain</u> to obtain necessary medications. This includes removing arbitrary dose, quantity and refill restrictions on controlled substances; and
- States must enact, implement and support harm reduction strategies, including removing barriers to sterile needle and syringe services programs.

<u>Read the full range of AMA recommendations for states</u> to help patients with opioid use disorder and pain as well as how to further harm reduction efforts. <u>Also see this recent discussion of the nation's overdose</u> <u>epidemic</u> by three leading physicians and national experts, including AMA Immediate Past President Patrice A. Harris, MD, MA; Stephen Taylor, MD, MPH; and Charles Reznikoff, MD.

A sample of national and state reports are below.

For more information, please contact Daniel Blaney-Koen, JD, Senior Legislative Attorney, AMA Advocacy Resource Center, at <u>daniel.blaney-koen@ama-assn.org</u> or (312) 464-4954.

National reports

- U.S. Sees Deadly Drug Overdose Spike During Pandemic. https://www.npr.org/sections/coronavirus-live-updates/2020/08/13/901627189/u-s-seesdeadly-drug-overdose-spike-during-pandemic August 13, 2020
- As overdoses rise during pandemic, 2 moms share their stories of loss. <u>https://www.today.com/health/overdoses-rise-during-coronavirus-pandemic-moms-speak-out-t188420</u> August 5, 2020
- AMA Urges Changes After Dramatic Increase in Illicit Opioid Fatalities. https://www.medscape.com/viewarticle/934548 July 24, 2020
- Drug overdose deaths jump in 2019 to nearly 71,000, a record high, CDC says. <u>https://www.cnn.com/2020/07/15/health/drug-overdose-deaths-2019/index.html</u> July 16, 2020
- 'Opioid overdoses are skyrocketing': as Covid-19 sweeps across US an old epidemic returns. <u>https://www.theguardian.com/us-news/2020/jul/09/coronavirus-pandemic-us-opioids-crisis</u> July 9, 2020
- High Rate of Stimulant Use in Opioid ED Cases. https://www.medscape.com/viewarticle/933527 July 7, 2020
- Coronavirus Crisis Disrupts Treatment For Another Epidemic: Addiction. <u>https://khn.org/news/coronavirus-crisis-disrupts-treatment-for-another-epidemic-addiction/?utm_source=National+Conference+of+State+Legislatures&utm_campaign=e7504bd7d3-</u> <u>EMAIL_CAMPAIGN_2020_07_07_03_18&utm_medium=email&utm_term=0_1716623089</u>
- <u>-e7504bd7d3-377887712</u> July 6, 2020
 'Cries for help': Drug overdoses are soaring during the coronavirus pandemic. https://www.washingtonpost.com/health/2020/07/01/coronavirus-drug-overdose/ July 1, 2020
- Expanded Telehealth Helps Communities Address Opioid Use Disorder During Pandemic; Practitioners see benefits for patients and providers, especially in rural areas.* <u>https://www.pewtrusts.org/en/research-and-analysis/articles/2020/07/01/expanded-</u> telehealth-helps-communities-address-opioid-use-disorder-during-pandemic July 1, 2020
- Pandemic unleashes a spike in overdose deaths. <u>https://subscriber.politicopro.com/article/2020/06/pandemic-unleashes-a-spike-in-overdose-</u> deaths-1959428?source=email June 29, 2020
- Despite the Challenges, We Must Fight Harder to Address the Nation's Opioid Epidemic; Patrice A. Harris, MD. <u>https://morningconsult.com/opinions/despite-the-</u> challenges-we-must-fight-harder-to-address-the-nations-opioid-epidemic/ June 17, 2020.
- A New Addiction Crisis: Treatment Centers Face Financial Collapse. <u>https://www.npr.org/sections/health-shots/2020/06/15/865006675/a-new-addiction-crisis-treatment-centers-face-financial-collapse</u> June 15, 2020
- Substance use up amid pandemic: survey. <u>https://thehill.com/policy/healthcare/501923-</u> substance-use-up-amid-pandemic-survey June 9, 2020
- The Escalation of the Opioid Epidemic Due to COVID-19 and Resulting Lessons About Treatment Alternatives. <u>https://www.ajmc.com/journals/issue/2020/2020-vol26-n7/the-escalation-of-the-opioid-epidemic-due-to-covid19-and-resulting-lessons-about-treatment-alternatives</u> July 2020
- Drug overdoses climb during COVID-19 pandemic; Officials nationwide report spikes less than a year after the Trump administration touted progress in battling the crisis. https://www.rollcall.com/2020/05/27/drug-overdoses-climb-during-covid-19-pandemic/ May 27, 2020

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- The pandemic is triggering opioid relapses across Appalachia. <u>https://www.cnn.com/2020/05/14/health/opioids-addiction-appalachia-coronavirus-trnd/index.html</u> May 14, 2020
- Don't Forget the Other Pandemic Killing Thousands of Americans. <u>https://www.thedailybeast.com/opioid-deaths-surge-during-coronavirus-in-americas-overdose-capitals</u> May 4, 2020
- The pandemic may fuel the next wave of the opioid crisis. <u>https://www.nationalgeographic.com/science/2020/04/coronavirus-pandemic-may-fuel-the-next-wave-of-the-opioid-crisis/</u> April 21, 2020

State reports

- 1. Alabama
 - Drug Overdoses Increase During the Pandemic. <u>https://wbhm.org/feature/2020/drug-overdoses-increase-during-the-pandemic/</u> July 20, 2020
 - Madison County seeing a spike in overdoses, deaths amid pandemic. <u>https://www.rocketcitynow.com/article/news/local/madison-county-seeing-a-spike-in-overdoses-deaths-amid-pandemic/525-021e43d6-44de-4c50-99ee-a326f2394a22</u> May 13, 2020
- 2. Arizona
 - Health officials report increases in drug overdoses, suicides during COVID-19 pandemic. <u>https://cronkitenews.azpbs.org/2020/08/11/health-officials-report-increases-in-drug-overdoses-suicides-during-covid-19-pandemic/</u> August 11, 2020
 - Suicides, overdoses are up amid COVID-19 pandemic, according to health expert. <u>https://www.fox10phoenix.com/news/suicides-overdoses-are-up-amid-covid-19-pandemic-according-to-health-experts</u> July 18, 2020
 - Deaths escalated as opioids flooded tribal lands, report says. <u>https://katu.com/news/recover-northwest/report-deaths-skyrocketed-as-opioids-flooded-tribal-lands</u> June 30, 2020
 - The battle of addiction during the time of novel coronavirus: Mental anguish, idle hands may be recipe for relapse. <u>https://www.yourvalley.net/stories/the-battle-of-addiction-during-the-time-of-novel-coronavirus,154044</u> April 20, 2020
- 3. Arkansas
 - Drug overdoses skyrocket in Fort Smith during COVID-19. <u>https://www.arkansasnews.com/news/20200809/drug-overdoses-skyrocket-in-fort-smith-during-covid-19</u> August 9, 2020
 - Number of overdose saves tops 500 through Arkansas program. <u>https://www.fox16.com/news/local-news/number-of-overdose-saves-tops-500-through-arkansas-program/</u> June 10, 2020
 - Number of Narcan 'saves' triple during COVID-19 pandemic. https://www.thv11.com/article/news/health/opioids/saving-a-generation/number-of-narcansaves-triple-during-covid-19-pandemic/91-20cbe0b2-8cf1-454f-9ac7-493e1e1a7546 April 22, 2020
- 4. California
 - Colliding epidemics: Need for 'safe consumption sites' more dire in COVID era, scientists and lawmakers say. <u>https://missionlocal.org/2020/07/colliding-epidemics-need-for-safe-consumtion-sites-more-dire-in-covid-era-scientists-and-lawmakers-say/</u> July 20, 2020
 - A collision of epidemics: Coronavirus disrupts addiction treatment. © 2020 American Medical Association. All rights reserved.

https://calmatters.org/projects/california-coronavirus-treatment-drugs-opioid-addiction/ June 23, 2020

- Beware of Potentially Fatal Fentanyl Pills Disguised as Xanax. • https://www.fresnosheriff.org/media-relations/beware-of-potentially-fatal-fentanyl-pillsdisguised-as-xanax.html May 13, 2020
- Man, woman overdose in car in Redwood Village; woman dies. https://www.sandiegouniontribune.com/news/public-safety/story/2020-04-30/male-femalecar-occupants-die-of-apparent-drug-overdoses April 30, 2020

5. Colorado

- Fentanyl And Meth Fuel Record Colorado Overdose Deaths Amid Coronavirus • Pandemic. https://www.cpr.org/2020/08/07/colorado-fentanyl-meth-overdose-deathscoronavirus-pandemic/ August 7, 2020.
- Opioid crisis in Colorado could get worse amid pandemic. https://apnews.com/bf1c11ac45d63808ffeae945c750cd81 June 28, 2020
- After COVID-19 addiction treatment may never be the same. https://www.gisentinel.com/opinion/columns/after-covid-19-addiction-treatment-may-neverbe-the-same/article_cf73cf6e-a9d9-11ea-8370-7358eaef6d90.html June 8, 2020
- Struggling with addiction in quarantine? You're not alone. https://krdo.com/news/local-• news/2020/04/23/struggling-with-addiction-in-quarantine-youre-not-alone/ April 23, 2020

6. Connecticut

- Two epidemics taking a toll in CT as opioid overdoses rise amid coronavirus. https://www.connecticutmag.com/health-and-science/twin-epidemics-taking-a-toll-in-ct-asopioid-overdoses-rise-amid-coronavirus/article c4e0eb86-d4d1-11ea-ab35f7ab9cf49d13.html August 2, 2020
- With over 1,000 Connecticut deaths last year, opioids demand even greater attention during pandemic. https://ctmirror.org/2020/07/09/with-over-1000-deaths-last-year-opioidsdemand-even-greater-attention-during-pandemic/ July 9, 2020

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- Commissioner Navarro Partners with Aquila to Distribute Overdose Medication. https://news.delaware.gov/2020/07/20/commissioner-navarro-partners-with-aquila-todistribute-overdose-medication/ July 20, 2020
- Providers say drug and alcohol use up during pandemic following record year of Delaware overdoses. https://www.delawarepublic.org/post/providers-say-drug-and-alcoholuse-during-pandemic-following-record-year-delaware-overdoses June 21, 2020
- Suspected Overdose Deaths for May in Delaware Tie Previous Monthly High Set in • 2018. https://news.delaware.gov/2020/06/16/suspected-overdose-deaths-for-may-indelaware-tie-previous-monthly-high-set-in-2018/ June 16. 2020
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 - One doctor is working to fight D.C.'s opioid epidemic, even as a pandemic rages. https://www.washingtonpost.com/local/one-doctor-is-working-to-fight-dcs-opioid-epidemiceven-as-a-pandemic-rages/2020/08/04/c5c1cc54-d662-11ea-aff6-220dd3a14741 story.html August 4, 2020
- 9. Florida
 - Overdose calls up 40% during COVID-19 pandemic; treatment centers seeing relapses • in long-time sober patients.

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- Manatee County reports 44% increase in opioid overdoses since last year. https://www.fox13news.com/news/manatee-county-reports-44-increase-in-opioid-overdosessince-last-year July 7, 2020
- Fake pills laced with fentanyl are causing overdoses in west Pasco, deputies say. <u>https://www.tampabay.com/news/pasco/2020/05/05/fake-pills-laced-with-fentanyl-are-</u> <u>causing-overdoses-in-west-pasco-deputies-say/</u> May 5, 2020
- Jacksonville overdose calls increased 20% in March. https://www.news4jax.com/news/local/2020/04/14/jfrd-jacksonville-overdose-callsincreased-by-20-in-march/ April 13, 2020.

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- DPH warns of overdose increases in Georgia amid COVID-19. <u>https://times-herald.com/news/2020/08/dph-warns-of-overdose-increases-in-georgia-amid-covid-19</u> August 7, 2020
- Health chief warns of drug overdose increase during pandemic. <u>https://www.valdostadailytimes.com/news/ga_fl_news/health-chief-warns-of-drug-overdose-increase-during-pandemic/article_bf227014-b700-11ea-a153-035beb482c4e.html</u> June 29, 2020
- Addiction Recovery Leaders Say Opioid Crisis Didn't Stop When Pandemic Began. <u>https://www.gpbnews.org/post/addiction-recovery-leaders-say-opioid-crisis-didnt-stop-when-pandemic-began</u> April 20, 2020
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 - Pritzker Administration Announces Over \$2 million in Fines for Major Health Insurance Companies Violating Illinois Mental Health Parity Laws CIGNA Healthcare of IL, UnitedHealthcare, CIGNA Health and Life, HCSC, and Celtic found to be in violation of Mental Health Parity and Addiction Equity Act https://www2.illinois.gov/IISNews/21819-IDOI Press Release.pdf July 15, 2020
 - Overdose Deaths Have Skyrocketed in Chicago, and the Coronavirus Pandemic May Be Making It Worse. <u>https://www.propublica.org/article/overdose-deaths-have-skyrocketed-in-chicago-and-the-coronavirus-pandemic-may-be-making-it-worse</u> May 30, 2020.
 - COVID-19 pandemic causes needle exchange programs to cut back. <u>https://abc7chicago.com/needle-exchange-programs-chicago-syringe-coronavirus-program-covid-19/6206885/</u> May 23, 2020.
 - DuPage sees 'unusual spike' in overdose deaths during coronavirus pandemic: coroner. https://chicago.suntimes.com/2020/5/13/21257820/dupage-opioid-overdose-deathcoronavirus-coroner-richard-jorgensen-covid-19 May 13, 2020.

12. Indiana

- An epidemic of their own; relapse and overdose rates surge amidst coronavirus lockdowns. https://www.wane.com/community/health/coronavirus/an-epidemic-of-their-own-relapse-and-overdose-rates-surge-amidst-coronavirus-lockdowns/ August 12, 2020
- **'There needs to be awareness': Addiction recovery help still available during pandemic.** <u>http://www.bcdemocrat.com/2020/06/16/there_needs_to_be_awareness_addiction_recovery_help_still_available_during_pandemic/</u> June 16, 2020
- Naloxone Use, Opioid Overdoses Increase Amid Virus Pandemic. <u>https://www.usnews.com/news/best-states/indiana/articles/2020-05-29/naloxone-use-opioid-overdoses-increase-amid-virus-pandemic</u> May 29, 2020
- An Indiana Police Dept. No Longer Reversing Overdoses During Pandemic.
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https://filtermag.org/cops-naloxone-coronavirus/ April 24, 2020

13. Kentucky

- The perfect storm: Drug overdoses spike across Kentucky as COVID-19 pandemic continues. <u>https://www.news-expressky.com/news/article_1b0f3e4c-d304-11ea-9b6b-4f593d08594a.html https://www.news-expressky.com/news/article_1b0f3e4c-d304-11ea-9b6b-4f593d08594a.html July 31, 2020.</u>
- Kentucky Drug Overdoses Spike During COVID-19 Shutdown. http://www.mc.uky.edu/kiprc/pubs/files/July%202020%20KyOD2A%20final.pdf July 2020
- Fatal overdoses, use of syringe exchange soar in Lexington. Some blame COVID-19. https://www.kentucky.com/news/coronavirus/article242926656.html May 28, 2020
- OPD, DCSO records increase in overdoses on altered pills. <u>https://www.14news.com/2020/05/26/opd-seeing-increase-overdoses-altered-pills/</u> May 27, 2020

14. Louisiana

- Dr. Nicholas Goeders: The hidden health crisis resulting from COVID-19. https://www.shreveporttimes.com/story/opinion/columnists/2020/07/20/dr-nicholas-goedershidden-health-crisis-results-covid-19/5471082002/ July 23, 2020
- People who use drugs are more vulnerable to coronavirus. Here's what clinics are doing to help. <u>https://www.theadvocate.com/baton_rouge/news/coronavirus/article_f80cf7</u> <u>7e-84fa-11ea-88d5-2b37dc9dd966.html</u> May 3, 2020

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- Overdose risk during pandemic is tragic reality for some families. <u>https://www.pressherald.com/2020/04/20/overdose-risk-during-pandemic-is-tragic-reality-for-some-families/#</u> April 20, 2020

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- Health officials say COVID-19 might be worsening opioid crisis. <u>https://www.times-news.com/news/local_news/health-officials-say-covid-19-might-be-worsening-opioid-crisis/article_57e05f07-8018-5b7a-b678-a3ccefffdf8d.html</u> July 7, 2020
- Opioid-related deaths make a disappointing uptick in early 2020, possibly related to coronavirus. <u>https://www.baltimoresun.com/health/bs-hs-overodose-deaths-first-quarter-20200611-r5pvlyzqrffo3ndvwc2oh3y7cy-story.html</u> June 11, 2020
- Pandemic cited as Md. opioid fatalities inch up. <u>https://thedailyrecord.com/2020/06/10/pandemic-cited-as-md-opioid-fatalities-inch-up</u> June 10, 2020

17. Massachusetts

- SouthCoast doctors say telemedicine has proven its worth, hope it will continue.* • https://www.southcoasttoday.com/news/20200528/southcoast-doctors-say-telemedicine-hasproven-its-worth-hope-it-will-continue May 28, 2020
- The Pandemic Has Changed Addiction Treatment, Some Hope For Good.* https://www.wbur.org/commonhealth/2020/05/21/coronavirus-addiction-treatment-changes May 21, 2020

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19. Minnesota

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- In Duluth, ODs spike as pandemic decreases access to aid; The pandemic might be ٠ increasing the demand for dangerous drugs. https://www.startribune.com/in-duluth-odsspike-as-pandemic-decreases-access-to-aid/570895192/ May 31, 2020
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20. Missouri

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- Teen overdose deaths point to growing problem. <u>https://www.kolotv.com/content/news/Teen-overdose-deaths-point-to-growing-problem-568505931.html</u> March 4, 2020

23. New Hampshire

- New law requires opioid treatment in county jails.* <u>https://www.concordmonitor.com/Opioid-Treatment-New-Hampshire-Prisons-35593754</u> July 29, 2020
- Opioid overdose reversal drug naloxone to be free at Planned Parenthood. <u>https://www.vnews.com/Planned-Parenthood-clinics-in-Claremont-and-Keene-begin-offering-overdose-reversal-drug-34701777</u> June 10, 2020

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- Naloxone By Mail? What N.J. Addiction Help Looks Like During COVID-19. <u>https://www.wbgo.org/post/naloxone-mail-what-nj-addiction-help-looks-during-covid-19#stream/0</u> April 24, 2020

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- More New Yorkers know someone who abuses opioids or died in an overdose, Siena survey finds; More in NY touched by opioids as support for treatment grows. https://www.timesunion.com/news/article/Siena-poll-More-in-NY-touched-by-opioids-as-15413678.php July 19, 2020
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