

National Association of School Nurses

#### Naloxone in Schools

Subtitle

Young adults (age 18 to 25)
 are the biggest abusers of
 prescription opioid pain
 relievers, ADHD stimulants,
 and anti-anxiety drugs



(National Institute on Drug Abuse, National Institutes of Health, U.S. Department of Health and Human Services, 2016)

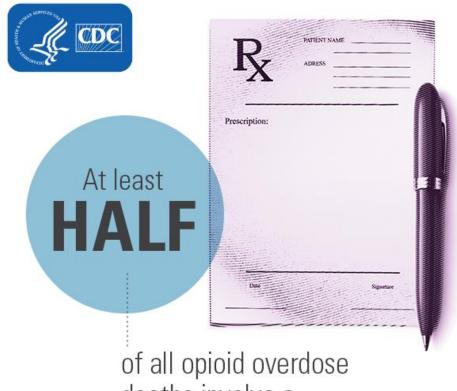




In 2014, 467,000
 adolescents were current nonmedical users of pain reliever, with 168,000
 having an addiction to prescription pain relievers

(Substance Abuse and Mental Health Services Administration, Center for Behavioral Health Statistics and Quality, 2015)

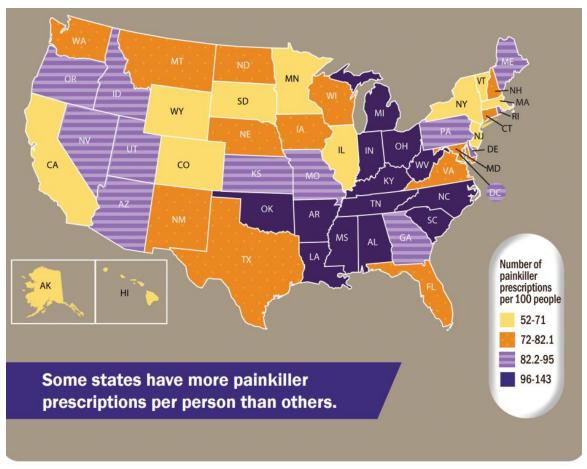
Photo source: Centers for Disease Control and Prevention, National Center for Injury Prevention and Control, Division of Unintentional Injury Prevention, 2016



deaths involve a **prescription opioid**.



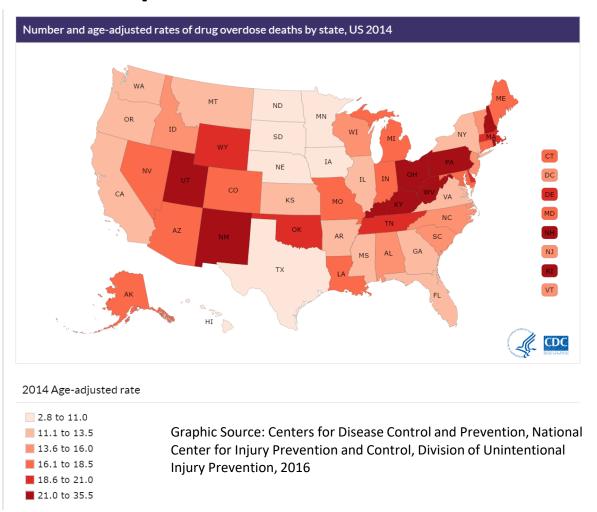
# Data on Opioid Use



SOURCE: CDC Vital Signs, July 2014. cdc.gov/vitalsigns.



## Data on Opioid Overdose Deaths





 A trend exists for adolescents using prescription opioid agents to substitute heroin because it is significantly cheaper than pills (approximately half of the cost) and is often more readily available

(Fogger & McGuinness, 2015)

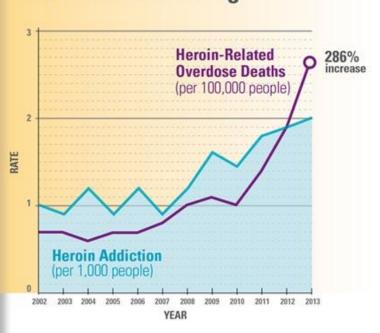


#### Heroin Use

## Heroin Use Has INCREASED Among Most Demographic Groups

	2002-2004*	2011-2013*	% CHANGE
SEX			
Male	2.4	3.6	50%
Female	8.0	1.6	100%
AGE, YEARS			
12-17	1.8	1.6	
18-25	3.5	7.3	109%
26 or older	1.2	1.9	58%
RACE/ETHNICITY			
Non-Hispanic white	1.4	3	114%
Other	2	1.7	
ANNUAL HOUSEHOLD	INCOME		
Less than \$20,000	3.4	5.5	62%
\$20,000-\$49,999	1.3	2.3	77%
\$50,000 or more	1	1.6	60%
<b>HEALTH INSURANCE C</b>	OVERAGE		
None	4.2	6.7	60%
Medicaid	4.3	4.7	-
Private or other	0.8	1.3	63%

#### Heroin Addiction and Overdose Deaths are Climbing



SOURCES: National Survey on Drug Use and Health (NSDUH), 2002-2013. National Vital Statistics System, 2002-2013.





# **Opioid Overdose**

- Opioid drug attaches to brain receptors that affect breathing
- Person slows breathing and eventually stops breathing
- Oxygen starvation eventually stops other vital organs like the heart, then the brain

(National Institute on Drug Abuse, 2014)

#### Overdose

Oxygen starvation leads to:

Unconsciousness
Coma
Death

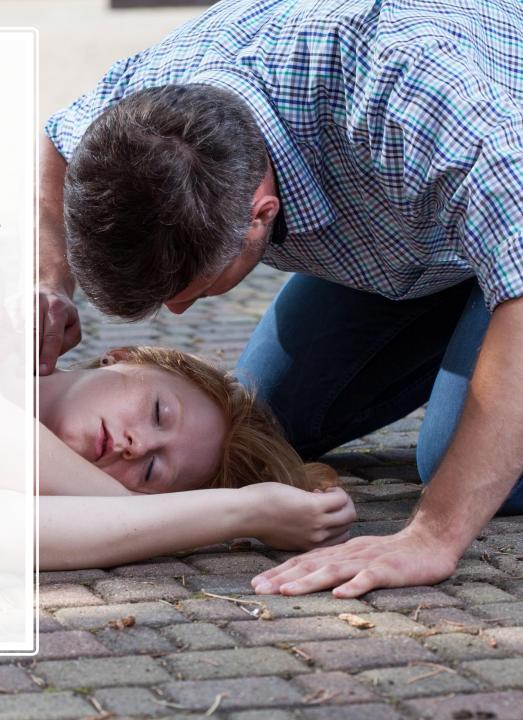
Within 3-5 minutes without oxygen, brain damage starts to occur, soon followed by death



# Average EMS Response Time

The average EMS response is XX

Within 3-5 minutes
 without oxygen, brain
 damage starts to occur, soon
 followed by death



### Community Access to Naloxone

- Do EMS, police and fire fighters carry naloxone?
- Does school's police office carry naloxone?



# **District Policy**

District policies that may conflict with Stock

naloxone





#### **Good Samaritan Law**

Good Samaritan Law in our state......



# Support of Naloxone

There is support for a Stock Naloxone Program from:



# Safety of Using Naloxone

- Naloxone is the first line treatment for opioid overdose
- Should be administered IMMEDIATELY
- Parents & school administrators should not be concerned about adverse health effects of naloxone
  - If the person has not overdosed on an opioid, there is no effect on the body!

(Green, Heimer, & Grau, 2008)





#### Photo source: Amphastar Pharmaceuticals, 2016

#### Naloxone

- Cost of naloxone:
- Shelf life: 12-18 months

Currently not FDA-approved for nasal administration with an atomizer and requires assembly.



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(College of Psychiatric and Neurologic Pharmacists, 2015)

Photo source: Adapt Pharma, 2016



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- Shelf life: 12-18 months

(College of Psychiatric and Neurologic Pharmacists, 2015)

Photo source: Kaleo Pharma, 2016

# **Next Steps**



#### References

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